

Training Information (Swim)

Swim (Pool training)

Location: [Minato Sogo High School](#)

Facility: 25m 5lanes / Deeps 1.2m / Water Temperature 25°C

Period / Opening Time:

WED, May 14th 11:00-14:30

THU, May 15th 09:00-15:00

Access:



Booking form:

URL *LOC will announce the booking URL ASAP.

*The booking form will be opened from 1st May.

Cost: Free

Each athlete and each country can make a reservation once a day in one-hour increments.

If you have booked more than twice in a day, we will remove the reservations from the second time onwards at the LOC.

- The pool has 5 lanes, and all 5 lanes are available for reservation.
- Reservations are on a first-come, first-served basis.
- 5 to 6 athletes per a lane, with 25 to 30 athletes per a slot. Please use each lane with a maximum of around 6 people.
- Transportation within the school is allowed only during the designated time by LOC.
- When entering the facility, photo ID will be checked. Please be sure to bring your photo ID along.
- **Athletes, coaches, and staffs whose names are not on the TRI registration website will not be admitted to the pool site.**
- There will NOT be the transportation between hotels and the swimming pool for Elite athletes. Please make your own transportation.
- It is possible to park your bikes at the entrance of Minato Sogo High School 1st floor.

Swim (Ocean training)

The athletes CAN NOT swim at swim course/Venue except the swim familiarization day and the race day.

Swim Familiarization: 16th May ELITE 14:00 – 15:00 / ELITE PARA 15:30 – 16:30 * All buoys set up

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Swim Training Slot

WED, May 14th11:00-14:30

THU, May 15th09:00-15:00

TIME	School Schedule		14-May	15-May		
	14-May	15-May	Wed	Thu		
8:00	830-845 Homeroom	830-845 Homeroom				
8:30	845-935 1st Period	845-935 1st Period				
9:00					945-1035 2nd Period	945-1035 2nd Period
9:30	1045-1135 3rd Period	1045-1135 3rd Period				
10:00					1145-1235 4th Period	1140-1200 student council activities
10:30	1240-1320 Lunch Time	1200-1240 Lunch Time				
11:00			1320-1410 5th Period		1240-1330 4th Period	Slot-2 1230-1330
11:30	1420-1510 6th Period	1340-1430 5th Period		Slot-3 1330-1430		
12:00					1440-1530 6th Period	
12:30						
13:00						
13:30						
14:00						
14:30						
15:00						
15:30						
16:00						
16:30						