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EVENT VENUE

Yamashita Park, Yokohama city
<http://goo.gl/maps/HN8pn>



TO ASSIGNMENTS

Please find here the list of TO Assignments:

Name	Primary Assignment	Secondary Assignment
Thanos Nikopoulos	Team Leader	
Melody Tan	Technical Delegate	
Koji Koganezawa	Technical Delegate AG	Chief Technology
Hideo Watanabe	Chief Video Reviewer	Assistant Registration
Ken Koike	Chief Venue Control Centre	
Dr. Toshihito Katsumura	Medical Delegate	
Jorge Garcia	Head Referee (elite men/ paratriathlon)	
Juliet Fahey	Head Referee (elite women)	Bike check
Satoshi Hanai	Chief Race Official	
Kris Gemmell	Chief Protocol	Chief Protocol
Kyung Sook Kim (Kitty)	Chief Registration	
Mika Baba	Assistant Registration	
Hiroshi Unno	Assistant Registration	Assistant Pre-transition
Miki Nagatsuka	Assistant Registration	
Yeun Ja Song (May)	Assistant Registration	
Rebecca Mok	Chief Swim	
Tai Sun Tee	Assistant Swim	
Fung Wang Tak	Assistant Swim	Assistant run
Mitsuhiro Hasegawa	Assistant Swim	Assistant run
Cathi Davey	Chief Transition	
Kenji Kitano	Assistant Transition	
Lui Wan Man	Assistant Transition	
Suzanne Tang	Assistant Transition	
Naoko Motojima	Assistant Transition	
Ryou Kadoya	Chief Vehicular	Assistant bike
Masato Suzuki	Chief Bike	
Toshiko Tomori	Assistant Bike	

Name	Primary Assignment	Secondary Assignment
Kouji Washizuka	Assistant Bike Check	Assistant bike
Miyuki Kanai	Chief Wheel station	
Tan Thong Hua	Assistant Swim	Assistant aid station
Leo Mo	Chief Run	Bike check
Denise Wong	Assistant Bike Check	
Tomomi Nishi	Assistant Run	Assistant Pre-transition
Kosuke Furugo	Chief Aid station	
Yasuyoshi Kojima	Assistant aid station	
Kouichi Ichikawa	Assistant aid station	
Maria Bowden	Chief Finish	
Kyle Davey	Assistant finish	Bike check
Daisuke Iguchi	Assistant finish	
Jo Lene Leow	Assistant finish	
Tsuyoshi Kakuta	Chief Penalty box	
Sharon Khoo	Assistant penalty box	
Ross Capill	Chief bike check	Chief Pre-transition
Alvin Tay	Chief Lap Auditor	Assistant registration
Noriko Yamamoto	Assistant lap auditor	Assistant transition
Chi Ming Chan	ITU Classifier	
Shigenari Suzuki Dr.	ITU Classifier	

Please refer to the TO assignment excel file that will be emailed for detailed secondary assignment duties pre-race and during race. The latest TO Checklist can be found at

https://www.triathlon.org/uploads/docs/TECHNICAL_OFFICIALS_CHECKLIST_20191.pdf

SCHEDULE

Please find below the detailed schedule for each blocks:

Thursday, 16th May 2019				
10:00		Registration MT	Hotel Monterey / Keyaki	TD/Chief Registration/Bike Check Chief
15:00	16:00	Bike Removal Rehearsal	Yamashita Park / Transition Area	TD/Chief Transition
17:00	18:00	Elite Registration	Hotel Monterey / Victoria	Chief Registration
18:00	18:30	Elite Briefing	Hotel Monterey / Victoria	TD/RR
18:30		Team Medical Meeting	Hotel Monterey / Victoria	TD/MD/LOC Medical Director
19:00		Athlete Dinner	Hotel Monterey / Victoria	All TOs invited
Friday, 17th May 2019				
06:15	07:00	Elite & Paratriathlon Bike Course Familiarisation	Hotel Monterey / Near the entrance	Chief Bike
09:00		Motor bike drivers MT	Hotel Monterey / Ayame	TD/Chief Bike
10:00		Doping control MT	Hotel Monterey / Ayame	TD/MD
10:30		Medical MT	Hotel Monterey / Ayame	TD/MD
11:00		Timing MT	Hotel Monterey / Ayame	TD/Chief Technology/Chief Registration
11:30	12:30	Technical Officials Meeting	Hotel Monterey / Suzuran • Tsubaki	ALL Technical Officials
12:30	13:00	Para rules check	Hotel Monterey / Suzuran • Tsubaki	ALL Technical Officials
13:00	14:00	TO's & Local Officials MT	Hotel Monterey / Suzuran • Tsubaki	ALL Technical Officials & Local Officials
13:00		Marine plan MT	Hotel Monterey / Ayame	MD/Chief Swim
14:00	14:30	Start rehearsal	Yamashita Park / Swim Course	RR/CRO/Start Officials/Announcers
14:30	15:00	Medal ceremony rehearsal	Yamashita Park / Finish Area	TL/Announcers/NHK
14:00	15:45	Paratriathlon PTWC Handcycle & Wheelchair check-in	Yamashita Park / Athlete Lounge	Para RR/Bike Check Chief
14:30	15:00	Swim Exit Assistants Training	Yamashita Park / Swim Course	TD/TO In Charge
15:00	15:45	Paratriathlon Swim Course Familiarization	Yamashita Park / Swim Course	Chief Swim/MD & Medical
16:00	16:45	Elite Swim Course Familiarization	Yamashita Park / Swim Course	Chief Swim/MD & Medical
16:00		Finish rehearsal	Yamashita Park / Finish Area	Chief Finish/Finish Tape Officials/Chief Technology
16:00	17:00	Paratriathlon Registration	Hotel Monterey / Victoria	Chief Registration
17:00		Paratriathlon Race Briefing	Hotel Monterey / Victoria	TD/RR
18:00		Technical Official Meeting (optional)	Yamashita Park / Technical Official Lounge	All Chiefs + TO's interested to attend
19:30	21:00	TO Welcome Party	Yokohama Chinatown	All Chiefs + TO's interested to attend

Saturday, 18 th May 2018				
05:00		Technical Officials arrival at venue	Yamashita Park / Technical Official Lounge	ALL Technical Officials
06:50		Paratriathlon Race Start	Race Course	RR/CRO/Start Officials
10:16		Elite Women Race Start	Race Course	RR/CRO/Start Officials
13:06		Elite Men Race Start	Race Course	RR/CRO/Start Officials
16:00	17:00	Technical Officials debrief	Yamashita Park / Technical Official Lounge	ALL Technical Officials
18:00	19:30	Thank You Party	Hotel Monterey / Victoria	

COMMUNICATION FLOW

Your CRO, Satoshi Hanai is the person to answer any questions and assist you with anything you require to perform your assignments.

Your Team Leader Thanos Nikopoulos and Technical Delegate Melody Tan will be able to address any operational questions.

Your Head Referees will address any questions with ITU Competition Rules:

Jorge Garcia (elite men/ paratriathlon)

Juliet Fahey (elite women)

Your Medical Delegate, Dr Toshihito Katsumura can address any medical related questions.

Any TO queries relating to accreditation, transport, hotel and meals can be directed to Melody Tan.

JAPANESE

Some basic Japanese words:

English	Pronunciation
Please	<i>Dōzo</i>
Hello	<i>Kon nichi wa</i>
Good morning	<i>Ohayō gozaimasu</i>
Good evening	<i>kohm-bahn-wah</i>
How are you?	<i>O-genki desu ka?</i>
Goodbye	<i>Sayōnara</i>
Yes	<i>High</i>
No	<i>Ee-eh</i>
Thank you	<i>Arigatō</i>
Excuse me	<i>Sumima sen</i>

FOOD

There will be a lunch box provided on race days. Please let us know as soon as possible should you have any dietary requirements.

WEATHER

***Accuweather as at 24 April 2019.*

THU 5/16	FRI 5/17	SAT 5/18	SUN 5/19
23° /16°	23° /16°	23° /16°	24° /17°
Clouds rolling in	Partly sunny	Cloudy; humid	Mostly sunny; humid
Hist. Avg. 22°/14°	Hist. Avg. 22°/14°	Hist. Avg. 23°/14°	Hist. Avg. 23°/14°

The weather in May is expected to have a high of 23 degrees Celsius and a low of 16. The weather looks fine except there will be no sun forecasted on Saturday.

PARATRIATHLON RULES COURSE

Please **MUST** watch these updated paratriathlon webinars at https://www.triathlon.org/development/technical_officials_docs/category/itu_paratriathlon_rules_course before arriving in Yokohama for the event. If you have any questions, you may ask us via email or during a Q&A session on Friday, 17 May 2019 at 12:30pm.



ITU TECHNICAL OFFICIAL CARD

Please remember to bring your TO certification card. After downloading your card, you will need to print it double-sided, fill in the medical information required and laminate it.

Download yours at <http://www.triathlon.org/development/certificate>

The form is titled "TECHNICAL OFFICIALS' CERTIFICATION CARD" and features the ITU logo. It is divided into two main sections: "PERSONAL MEDICAL INFORMATION" and "EMERGENCY CONTACT DETAILS".

PERSONAL MEDICAL INFORMATION

- MEDICAL CONDITIONS: write down your personal info.
- ALLERGIES: write down your personal info.
- BLOOD TYPE: write down your personal info.

EMERGENCY CONTACT DETAILS

- FULL NAME: write down your personal info.
- RELATIONSHIP: write down your personal info.
- PHONE NUMBER (INCL. COUNTRY CODE): write down your personal info.

PERSONAL INFORMATION

- NAME: _____
- SURNAME: _____
- COUNTRY: _____
- TO CERTIFICATION LEVEL: _____
- EXPIRING: _____

GENERAL

Each TO will receive a t-shirt and cap to be worn during the event. If you have any questions in the meantime, please do not hesitate to email me at melody@quickrelease.com.my

LOOKING FORWARD TO MEETING EVERYONE 😊